

* Say **NO** to Abuse
Say **NO** to Neglect
Say **NO** to Theft



An Easy Read Guide

**THERE IS
NO EXCUSE
FOR ABUSE**

* Abuse is WRONG.

* There are a lot of different types of abuse:



Emotional Abuse

When people make you feel bad and:

Call you names

Laugh at you

Blame you

Shout at you

Ignore you

Treat you like a child

Make you feel worthless

Threatening you if you tell





*Physical Abuse

Can happen when someone hurts your body, including:

- Hitting
- Kicking
- Pulling
- Pinching
- Shaking
- Pushing
- Throwing things at you



* Sexual Abuse

- * Can happen when someone:
 - * Makes you do sexual things that you do not like
 - * Makes you have sex with them
 - * Makes you touch them
 - * Touches you in places you do not want them to
 - * Makes you watch others having sex
 - * Says words to you that are sexual that make you feel uncomfortable



* ABUSE IS ALWAYS
WRONG

* ABUSE IS NEVER
YOUR FAULT



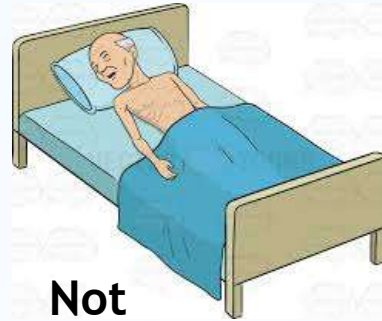
Not having food available that keeps you healthy



Not having food in your refrigerator and cabinets to eat



Not having heat in the winter because someone didn't pay your bills



Not being taken to the doctor when you're sick

Someone not giving you your medication to help you stay healthy, or giving you too much medication



NEGLECT

Giving you foods that can cause you to choke





Financial Abuse and Theft

Can happen when someone:

- Steals your money
- Does not let you decide how your money is spent
- Makes you pay for other people's things
- Takes medication belonging to you
- Uses your information to buy things for themselves





*TELL SOMEONE YOU TRUST!

*Important phone numbers:

* Athens County Board of DD Emergency On-call:

* **740-447-0710**

* MUI Coordinator

* **740-541-9590 (office/cell)**

* Athens County Sheriff's Office:

* **9-1-1**

* **740-593-6633**

* Athens Police Department:

* **740-592-3313**