



ATCO Transition Educational Forum

Tuesday, February 20th 2018

6pm

ATCO Cafeteria



Welcome and Introductions

Autumn Brown, ATCO Transition Manager

Kevin Davis, Superintendent ACBDD

ACBDD/Atco Managers and Board members

present



Our Mission

Our Mission is to enhance the quality of life
for **individuals** by encouraging integration
and independence, fostering partnerships,
and advocating for individual rights.



Review: Why are we here?

- The new federal rule (by CMS) calls for conflict-free case management for all county boards in the state. This mandate is in effect because there is an inherent conflict of interest for any county board that provides the services, monitors the services, and then receives funding for these services.
- *To resolve this conflict, the ACBDD is required to transition away from providing Medicaid-funded services.*



Review

ATCO Transition Announcement - 2.10.16

- The ACBDD and ATCO announced in Feb. 2016 that the ACBDD and ATCO will soon begin the process of complying with the federally mandated order from the Center for Medicare and Medicaid Services (CMS) regarding county boards of DD and conflict free case management.
- This transition has been occurring since Feb. 2016, with an end goal of all individuals being transitioned to our local partner providers by January 2019. At that time, January 2019, ATCO will cease operations.



Why are we here?

Why did Athens County start in 2016?

- Benchmarks the ACBDD was required to submit to the DODD regarding the reduction of day habilitation waiver services in October 2015
- An analysis of the current numbers of individuals receiving support at ATCO
- Assessment of our tax levies



Why We are Here?

Why start in 2016 – ***most importantly?***

- County boards have an obligation to ensure no disruption in services to individuals with DD
- County board programs are quite extensive, and require step-by-step implementation over multiple years
- Because we understand how difficult this transition will be for all involved. We are committed to ensuring quality services for individuals with developmental or intellectual disabilities during and after this transition.
- We are using a person-centered approach supporting those served by our services have time to know their options and make decisions.



Services impacted in Athens County:



ATCO



Transportation



Passion Works Studio

ATCO

- To resolve the conflict of interest, day hab services cannot continue under the management of any County Board.
- Choices include – community engagement, community employment, day habs, as well as other interests they have identified as individuals.
- There are 8 available day habs services as choices in Athens County and possibly more developing in the future.

Day Hab Choices:

- **Building Bridges-Havar**
- **Echoing Connections**
- **Goodwill**
- **Passion Works**
- **RHDD Alternatives**
- **The Doanville Group-Sechkar**
- **The Elm Rock Group-Sechkar**
- **Sechkar has created a 3rd day hab at Elm Rock**

Meigs County

- **Inclusions**

Vinton County

- **SOAR**
- **Vinton Industries**

Multi-County

- **Expanding Your
Horizon
(Community Trips)**



Transportation

- **The county board will continue transportation for Beacon School.**
- **Adult Service transportation needs are being transitioned to community transportation options and Non Medical Transportation providers**

Passion Works

- **As of August 1st, 2017, Passion Works is operated as a Private Day Hab Art Studio**
- **Creative Foundations is the certified provider**
- **Passion Works is the non profit business and Community Art Studio**



ATCO Transition Planning Committee
Met until Fall of 2017

Transitioned to:

The Community Outreach Work Group

- Meets bi-monthly
- Focus of networking and supporting Community Partners and promoting more inclusive efforts.
- More members are welcome

Next Meeting March 21st @ Noon



Atco Update

**Approximately 35
people are still in
process of
transitioning.**





Everyone has an opportunity to be a part of this process!

Monday Transition Class

1-2pm

- Dedicated to the Transition Planning Process
- Coordinated by Autumn Brown, assisted by other Atco Staff and ATCO Leaders and Advocates
- Allows those people impacted to learn what the transition means, how changes will happen, and empowers them to make decisions on their own.

SELF ADVOCACY GUIDES THIS CLASS NOW



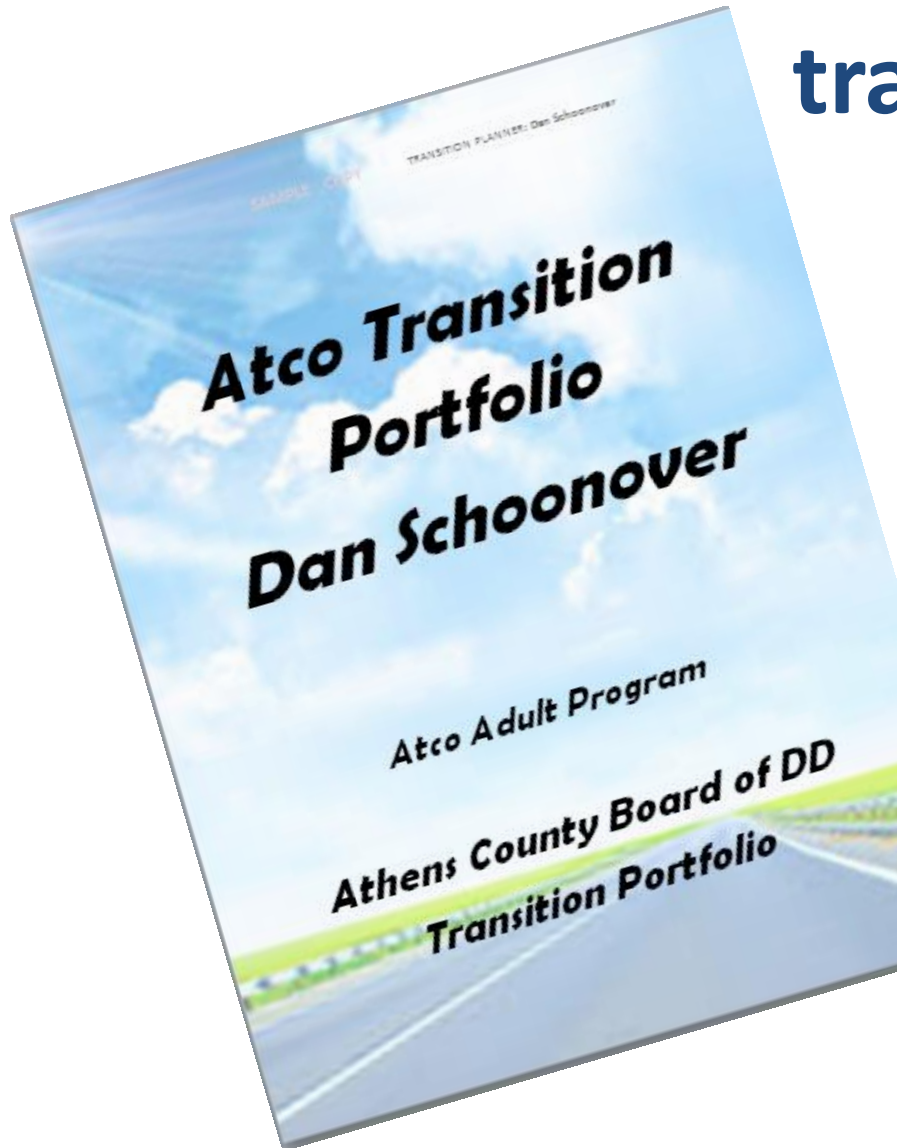
<http://www.kizoa.com/Movie-Video-Slideshow-Maker/d109076221k5542698o1l1/integrate-athens-17>



Everyone has an opportunity to be a part of this process!

- Atco Leaders are taking responsibility to learn about the changes and help others know their choices and their rights
- Developed a solid process to explore opportunities and guide those details into the ISP process.
- Atco individuals are exploring their options from employment, volunteering and visiting the other day hubs as they learn about their options

Transition Portfolio: A Person Centered Approach to the transition



Transition Portfolio

SAMPLE COPY TRANSITION PLANNER: Dan Schreiner

All about me...

OWNS SHADY DAN
SUNGLASSES

SKILLS, INTERESTS, HOBBIES

FUTURE GOALS

Everyone Transitioning will have assistance in creating their portfolio if the choose to.

This Portfolio will help us track transitions, needed visits, education, and it will function as a way for new day habs to get to know someone well and can adapt to assist with employment opportunities as well.

Transition Portfolio

SAMPLE COPY TRANSITION PLANNER: Dan Schoonover

Opportunity Exploration

EMPLOYMENT OPPORTUNITY EXPLORATION

ODAN OWNS HIS OWN BUSINESS AND ENJOYS PAID WORK AT ATCO

SAMPLING OPPORTUNITIES

EMPLOYMENT CHOICES

Individual has no interest in employment at this time

Community Integration

VOLUNTEER AT GOOD WORKS

Volunteer Experiences

SAMPLE COPY TRANSITION PLANNER: Dan Schoonover

DAY HAB EXPLORATION...

BUILDING BRIDGES
VISIT 1: April 15th 2016
Attended class...shared details in this box

SCHEDING CONNECTION
Dan really liked that they partner with community choir and

KNOW ALTERNATIVES

SOCKKAT STUDIO
Example: Dan joined the Sockkat group on a study job to Ash Cave with Alzo

** These details are just samples made up for demonstration only and not real events or descriptions*

PASSION WORKS
Dan currently attends PW on Mondays and has been talking about adding a day

VINTON INDUSTRIES
Dan seemed to struggle with a few personality conflicts here, but he really enjoyed the paid work and the pottery classes

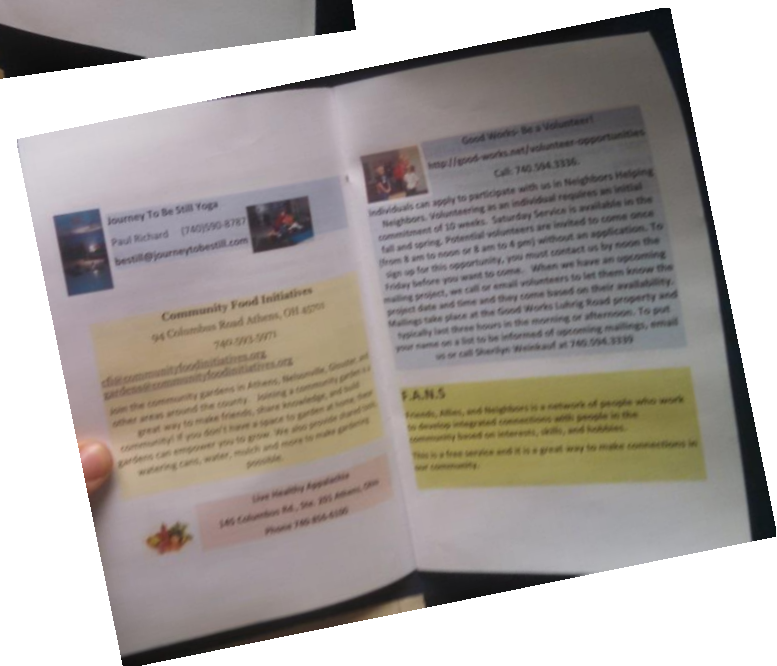
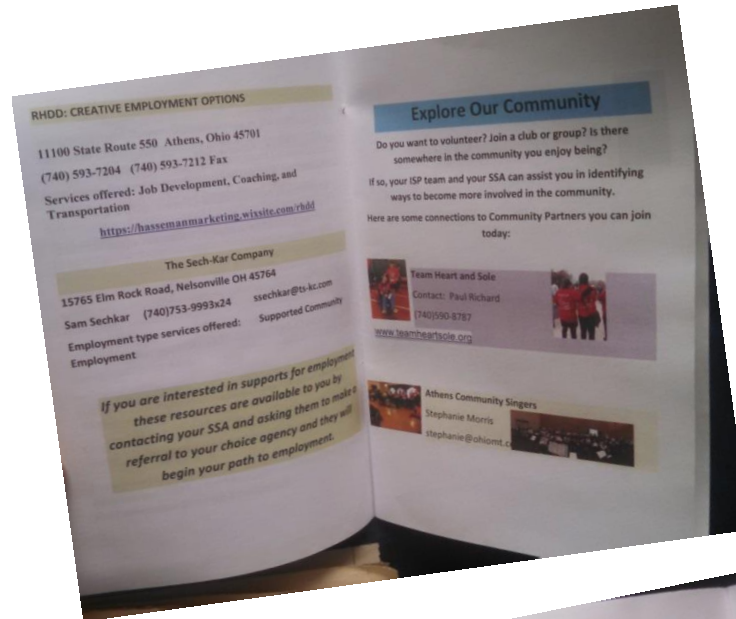
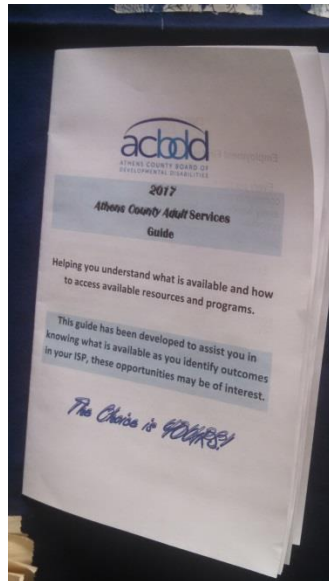
SCARS

ETH

Opportunities Available as Choices

- Employment Opportunities:
 - Do you want a job? Do you want to explore employment opportunities?
- Volunteer opportunities
 - What are some ways you can give back to your community and also make friends and connections?
- Community Opportunities
 - What are things going on in your neighborhood? Community Groups, Clubs, Neighbors, Services, etc.
- Day Habs
 - How can we help you experience and understand all of your day hab options and make a good choice based on your wants, needs, and interests?
- More Unique Individual Choices
 - Personal Hobbies or learning experiences on their own
 - Retiring and staying home part-time
 - Deciding they like to stay home then go to work (rather than coming to a day hab before their shift)

Adult Services Access Guide



Community Access Guide



Community Access Guide

Athens County and Surrounding Areas

Welcome and Introduction

This is a resource developed by the Athens County Board of DD Transition Committee. Within this guide you will find available Community Resources that are accessible to assist you with finding opportunities in the community.

We have included the Mission, Vision, and Core Values for the Athens County Board of DD. It is our intention to provide quality resources to those we serve in hopes that they will explore new and exciting opportunities that truly enhance their quality of life in the many ways they choose.

Our Mission

Our Mission is to enhance the quality of life for individuals by encouraging integration and independence, fostering partnerships, and advocating for individual rights.

Our Vision

To provide experienced leadership so all individuals with developmental disabilities may achieve their dreams.

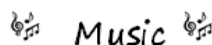
Our Core Values

We believe in the potential of all individuals served. We believe our organization must be responsible and flexible. We believe in being fiscally responsible. We believe in Person Centered Planning and Self-Determination. We believe in providing safe and secure environments for individuals to be served. We believe in valuing employees and partners. We believe in visionary leaders and innovation.

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Fitness.....	
Government Agencies.....	
Music Opportunities.....	
Nature.....	
Nutrition.....	
Seniors.....	
Social.....	
Transportation.....	
Volunteering.....	
Wellness.....	

Community Access Guide



Opportunities:

Outcome Potentials: Music is inescapable in our lives. Commercial feature jingles, radio carries hours of it daily, and even the process of creating music starts in our own television genre. But so much music is heard passively (or worse yet commercially), and so the listener doesn't always derive the many benefits of music.

Yet listening to music can do amazing things for our minds and bodies, things that can't be done any other way. Taking it a step further and playing an instrument ourselves helps us dig even deeper into the beneficial aspects of music.

Expressive Emotions: We all know from experience the relationship between music and our mood. Sometimes we choose to listen to music that matches our mood, such as the heartbroken music written by others experiencing the loneliness of solitude on Saturday night. Other times we try to use music to create our mood, like the high-energy selections we play for workout time. It's clear that there is real science to back up the belief that our moods can be altered by music. Even among animals—who of course don't understand the lyrics—biometrics show that mental status is affected by the music being heard.

A heartfelt musical performance is even more impactful, whether that heart is feeling joy, sorrow, or even anger and confusion. There is a common emotional thread behind forlorn country tunes, angry heavy metal, and hostile rap.

Better Health: These first two benefits work together to create our final benefit, that of improved health. Being successful is good for your health, but being a failure is very bad for your health. When your business or other enterprise is thriving thanks to your creativity and intelligence, you have overall better health. Blood pressure is lower, cardiovascular health improves, and you have more energy.

Music is safer than substance abuse, cheaper than therapy, and more practical than skydiving. It is readily available almost anywhere you go, and it's a placebo drug that you can dose yourself with anytime in any quantity—and then immediately resume other activities. The ability to release stress, anger, and pain, and to celebrate joy and fulfillment, makes music the most versatile treatment in the world.



Music: Opportunities/Concerts & Music Therapy



Athens County Community Singers:

Its founder and director is Stephanie Morris, a board-certified music therapist and neurologic music therapist. The choir performs at various community events throughout the year.

For more information on becoming a choir member, contact Stephanie Morris at Stephanie.h.morris@gmail.com or visit centralohiomusictherapy.com.



Nelsonville Music Festival:

<http://nelsonvillefest.org/>

(NMP is a production of Stuart's Opera House)

22 Public Square Nelsonville, Ohio 45764

740.753.1424 www.stuartsopera.com

The Nelsonville Music Festival out of Nelsonville, Ohio, is a four-day music festival that offers camping and features local, regional and national popular musical acts. With multiple stages for live music as well as food vendors, arts and crafts booths and a beer garden, there are a number of sights to see over the course of the festival and great local flavors to taste. This annual festival



partners with Rural Action in their Appalachian Zero Waste Initiative, making the Nelsonville Music Festival a Zero Waste event.

Lancaster Music Festival:

<http://www.lancasterfestival.org/#bravo>

117 W. Wheeling St.,
Lancaster, Ohio 43130
Ticket office phone: 740-653-8700
Tickets toll-free phone: 1-800-LANFEST
Tickets e-mail: lanfesttickets@lanfest.org



Office Hours: Monday – Friday 10:00am – 4:00pm (Sat/Sun. closed).
Lancaster Festival believes the arts express the essence of what it means to be fully human. The Lancaster Festival celebrates the artistic creativity of all cultures, serving as the foundation of year-round community efforts to nurture participation in the arts.

Ohio University Performing Arts Series:

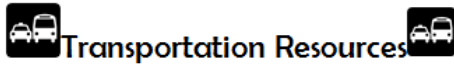
General Ticket Office Information:

The Ticket Office is located in the lobby at the East Union Street entrance of the auditorium.
The Ticket Office regular business hours are Monday through Friday from 11 noon to 5 p.m. The Ticket Office is also open one hour prior to the start of any ticketed event. The Ticket Office will open July 6th for regular hours.

Ohio University-Memorial Auditorium: (for other performance options) Memorial Auditorium Ticket Office: 740-593-1780 * For OU Performing Arts Series, too



Community Access Guide



Transportation Resources

[NMT providers](#)

[Public Transit](#)

[Free or reduced rate transportation](#)

[Community Accessible Transportation](#)



Volunteer Opportunities:

Outcome potential: Volunteering can be a great way to develop skills, learn more about career options, make friends, garner new professional contacts, get exercise, spend time outdoors with animals/kids, or even just shake up your routine. Part of finding the right volunteer opportunity is being honest about what you hope to learn and accomplish. If in the process of meeting your personal and professional goals, you are also serving as an effective volunteer, helping to meet the goals of your particular volunteer project or role, and/or helping to move an organization's mission forward; it's a win-win situation.

Skill development: Did you want to learn about sustainability and conservation methods? Have experience creating podcasts and would like to try using them as an advocacy tool for a nonprofit? Volunteering helps you learn new skills, keep skills sharp, or use existing skills in new ways.

Career exploration: Regardless of your age or career level, volunteering will introduce you to new professional paths. Also, never underestimate the power of networking; volunteering offers the opportunity to cross paths as well as, in many cases, quickly bond with people from across your community, including many with whom you may otherwise not have had contact.

Personal growth: Lifelong learning includes hands-on experiences as a volunteer which can teach you about issues ranging from adult literacy to public health to animal welfare. Lastly, don't forget that sometimes it just feels good to be valued; as a volunteer you can contribute unique skills, experiences, and perspectives.

Socialize: Volunteering can be a fun, meaningful way to make new friends. [How to be a good neighbor?](#) Looking to branch out socially? Simply looking for something to do with new people? Volunteer and get to know others who care about the same issues that you do.

Have an impact: Last but most certainly not least, volunteering is one of the best ways we know of to make a difference in your community. Whatever your passion, however you get involved, volunteering offers a way to have a real and lasting impact on the world.



Friends of the Shelter Dogs

P.O. Box 576 Athens, Ohio 45701

Contact the Volunteer Coordinator directly at: fosdvolunteer@gmail.com

Form to volunteer found here: <http://www.fosdathens.com/volunteer>

Dog Walking, Shelter Cleaning, Fundraising, Social Media, help with adoptions and more!



Habitat for Humanity Southeast Ohio ReStore

309 W Union St. Athens, OH 45701

(740) 589-5865

9AM-5PM

Help at store with cleaning, and unloading.

Good Works, Inc.

A Community of Hope Since 1981

PO Box 4
Athens, OH 45701
goodworks@goodworksinc.org
740.594.5555

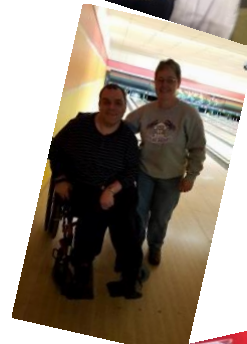
Neighbors helping Neighbors, Transformation Station,
Food Pantry, Mailings, Friday Night Life, Gardening,

Transition Visits to Day Habs

- Coordinating with the Day habs for visits and tours
- Everyone can visit all day habs they choose but no one has to go on visits if they choose not to.
- Atco Idol:
A group assists Leslie Perry in traveling to the other participating day habs.
Empowered to teach the process to them while also getting to experience the Day Hab

Transition of Community Partners

- What Atco Activities are important to you and you want to continue?



And there are many more!



Future Role

- The Role of the County Board after 2018 will be to assist individuals, families, providers, and our community as a resource and liaison to inclusive opportunities:
 - Maintain County Board Resources that support services: life skill materials and training
 - Community networking to connect community partners to individuals and day hubs
 - Offer and support ongoing trainings to providers and County Board staff and community partners
 - Other needs identified to support the new model of service
 - Develop and Support Advocacy efforts



Future Role

- Foster partnerships among our community and County Board agency and providers, F.A.N.S will be supported through this, Community Partners such as Team Heart and Sole, Live Healthy Appalachia, Journey To Be Still Yoga, Zumba with Kim Rios, Athens Community Singers, Good Life Network, Community Food Initiatives, HAP/CAP, Advocacy Groups, and others.
- We will likely continue the Community Outreach work group meetings through this to continue to help partners network; they are strengthening from those relationships



**Want to get more
involved?**

**Check out our
information table
for upcoming
events!**

Things you can join

**3rd Wednesday of the Month
6-7pm
Healthy Potluck**

**Are you a musician? Join our
2018 ATCO Idol performance!**

**Are you a runner?
Join Team Heart and Sole**

**Want to make a new friend?
Become a member of F.A.N.S
(Friends, Allies, Neighbors)**



**Join us
March 1st 9:30am
to kick off
Developmental
Disabilities
Awareness
Month!**

★ JOIN US ★

2018 Disability Awareness “March on Court Street”



Join us for the area's first-ever “March on Court Street” to increase disability awareness. Bring your signs, your banners, your voice, and your friends!

Thursday, March 1, 2018



- Line-up at Baker University Center (4th Floor Entrance) at 9:30 a.m.
- Marching starts at 10 a.m.
- Route goes up Court St., ends at Courthouse with a brief presentation

In the event of inclement weather, the march will take place indoors at The Market on State in Athens.



Open discussion & Questions



Thank you for joining us!

Questions or Comments can be sent to :

Autumn Brown
ATCO Transition Manager, ACBDD
(740)592-6659 x230
abrown@athenscbdd.org