



ATCO Transition Educational Forum

Tuesday, November 1, 2016

6pm

ATCO Cafeteria



Welcome and Introductions

Autumn Brown, ATCO Transition Manager

Kevin Davis Superintendent ACBDD

ACBDD/Atco Managers and Board members

present



Our Mission

Our Mission is to enhance the quality of life
for **individuals** by encouraging integration
and independence, fostering partnerships,
and advocating for individual rights.



Why are we here?

- The new federal rule (by CMS) calls for conflict-free case management for all county boards in the state. This mandate is in effect because there is an inherent conflict of interest for any county board that provides the services, monitors the services, and then receives funding for these services. *To resolve this conflict, the ACBDD is required to transition away from providing Medicaid-funded services.*



Why are we here?

ATCO Transition Announcement - 2.10.16

- The ACBDD and ATCO announced that the ACBDD and ATCO will soon begin the process of complying with the federally mandated order from the Center for Medicare and Medicaid Services (CMS) regarding county boards of DD and conflict free case management.
- This transition phase will occur over the next few years, with an end goal of all individuals being transitioned to our local partner providers by January 2019. At that time, January 2019, ATCO will cease operations.



Why are we here?

Why is Athens County starting now?

- Benchmarks the ACBDD was required to submit to the DODD regarding the reduction of day habilitation waiver services in October 2015
- An analysis of the current numbers of individuals receiving support at ATCO
- Assessment of our tax levies



Why We are Here?

Why start now – ***most importantly?***

- County boards have an obligation to ensure no disruption in services to individuals with DD
- County board programs are quite extensive, and require step-by-step implementation over multiple years
- Because we understand how difficult this transition will be for all involved. We are committed to ensuring quality services for individuals with developmental or intellectual disabilities during and after this transition.
- We are using a person-centered approach supporting those served by our services have time to know their options and make decisions

.



Services to be impacted:

ATCO



Transportation

**Passion Works
Studio**





ATCO Transition Planning Committee
Meets the 3rd Tuesday of each month

Next Meeting:

November 15th

2:30pm

Atco Large Conference Room

Atco Transition Committee News:

- Representatives for Atco

Dan Schoonover



Glenda Murray





Atco Update



**What is being
done to help
everyone
understand and
be a part of this
process?**



Everyone has an opportunity to be a part of this process!

Monday Life Skills Class

1-2pm

- **Dedicated to the Transition Planning Process**
- **Coordinated by Autumn Brown, assisted by other Atco Staff**
- **Allows those served to learn what the transition means, how changes will happen, and empowers them to make decisions their own.**



Everyone has an opportunity to be a part of this process!

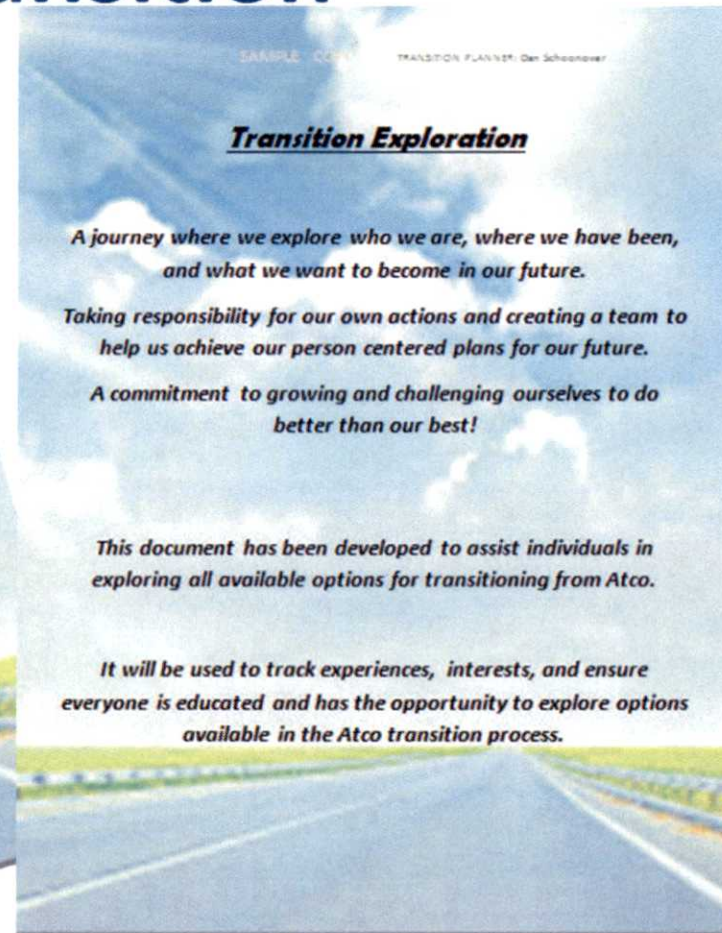
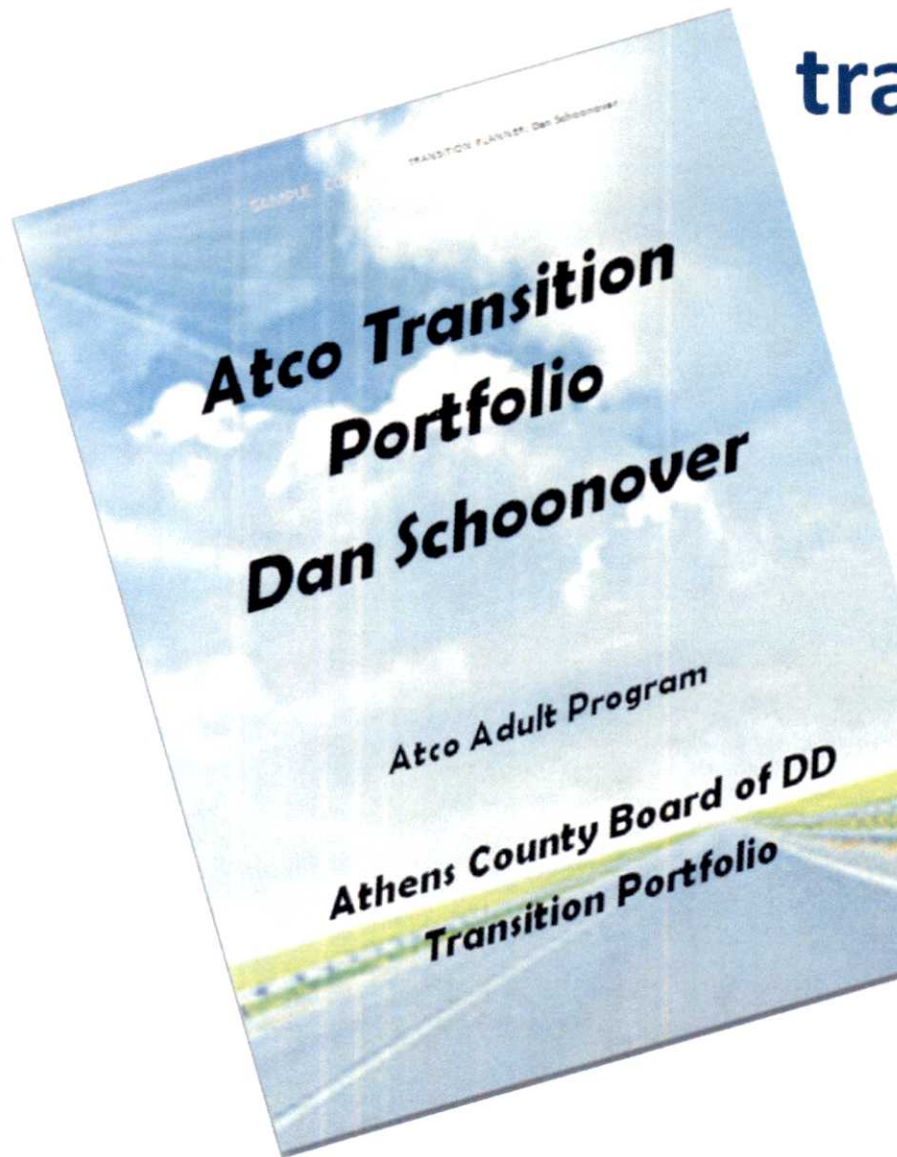
- Atco Leaders are taking responsibility to learn about the changes and help others know their choices and their rights
- Other Day habs are coming to Atco for visits
- Atco individuals are now visiting the other day habs and exploring their options



**Everyone has an opportunity
to be a part of this process!**

**During the life skills class we
designed a form to note peoples
likes, dislikes, and other needed
information to help with their
transition**

Transition Portfolio: A Person Centered Approach to the transition



Transition Portfolio

TRANSITION PLANNING: ONE-STOP WORKSHEET

All about me

NAME: _____

DATE: _____

SKILLS, INTERESTS, HOBBIES

GRADE 3 SPACE: GRADE 3 SUBJECTS

FUTURE GOALS

73

Everyone Transitioning will have assistance in creating their portfolio if the choose to.

This Portfolio will help us track transitions, needed visits, education, and it will function as a way for function hubs to get to know someone well and can adapt to assist with employment opportunities as well.

Transition Portfolio

SAMPLE COPY
TRANSITION PLANNING: Dan Schoonover

Opportunity Exploration

EMPLOYMENT OPPORTUNITY EXPLORATION

ODAN OWNS HIS OWN BUSINESS AND ENJOYS PAID WORK AT ATCO

SAMPLING OPPORTUNITIES

EMPLOYMENT CHOICES

Individual has no interest in employment at this time

Community Integration

VOLUNTEER AT GOOD WORKS

Volunteer Experiences

SAMPLE COPY
TRANSITION PLANNING: Dan Schoonover

DAY HAB EXPLORATION...

BUILDING BRIDGES
 VISIT 1: April 15th 2016
 Attended class...shared details in this box

ECHOING CONNECTION
 Dan really liked that they partner with community group and

RHOD ALTERNATIVES

SECHER STUDIO
 Example: Dan joined the Sechker group on a trip...stop to Ash Cave with Alze

* These details are just samples made up for demonstration only

and not real events or descriptions

PASSION WORKS
 Dan currently attends PW on Mondays and has been talking about adding a day

VINTON INDUSTRIES
 Dan seemed to struggle with a few personality conflicts here, but he really enjoyed the paid work and the pottery classes

SOARS

EVH

Opportunities Available as Choices

- **Employment Opportunities:**
 - Do you want a job? Do you want to explore employment opportunities?
- **Volunteer opportunities**
 - What are some ways you can give back to your community and also make friends and connections?
- **Community Opportunities**
 - What are things going on in your neighborhood? Community Groups, Clubs, Neighbors, Services, etc.
- **Day Habs**
 - How can we help you experience and understand all of your day hab options and make a good choice based on your wants, needs, and interests?

Community Access Guide



Community Access Guide

Athens County and Surrounding Areas

Welcome and Introduction

This is a resource developed by the Athens County Board of DD Transition Committee. Within this guide you will find available Community Resources that are accessible to assist you with finding opportunities in the community.

We have included the Mission, Vision, and Core Values for the Athens County Board of DD. It is our intention to provide quality resources to those we serve in hopes that they will explore new and exciting opportunities that truly enhance their quality of life in the many ways they choose.

Our Mission

Our Mission is to enhance the quality of life for individuals by encouraging integration and independence, fostering partnerships, and advocating for individual rights.

Our Vision

To provide experienced leadership so all individuals with developmental disabilities may achieve their dreams.

Our Core Values

We believe in the potential of all individuals served. We believe our organization must be responsible and flexible. We believe in being fiscally responsible. We believe in Person Centered Planning and Self-Determination. We believe in providing safe and secure environments for individuals to be served. We believe in valuing employees and partners. We believe in visionary leaders and innovation.

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Transportation.....	
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Community Access Guide



Music Opportunities:

Outcome Potential: Music is inescapable in our lives. Commercial feature jingles, radio carries hours of it daily, and even the process of creating music stars is now its own television genre. But so much music is heard passively (or worse yet commercially), and so the listener doesn't always derive the many benefits of music.

Yet listening to music can do amazing things for our minds and bodies, things that can't be done any other way. Taking it a step further and playing an instrument ourselves helps us dig even deeper into the beneficial aspects of music.

Exercise/Activities: We all know from experience that the selection of music can make a difference. Sometimes we choose to listen to music that matches our mood, such as the heartbroken music written by others experiencing the loneliness of solitude on Saturday night. Other times we try to use music to create our mood, like the high-energy selections we play for workout time.

It's clear that there is real science to back up the belief that our moods can be altered by music. Even among animals—who of course don't understand the lyrics—biometrics show that mental status is affected by the music being heard.

A heartfelt musical performance is even more impactful, whether that heart is feeling joy, sorrow, or even anger and confusion. There is a common emotional thread behind forlorn country tunes, angry heavy metal, and hostile rap.

Better Health: These first two benefits work together to create our final benefit, that of improved health. Being successful is good for your health, but being a failure is very bad for your health. When your business or other enterprise is thriving thanks to your creativity and intelligence, you have overall better health. Blood pressure is lower, cardiovascular health improves, and you have more energy.

Music is safer than substance abuse, cheaper than therapy, and more practical than anything. It is readily available almost anywhere you go, and it's a pleasing drug that you can dose yourself with anytime in any quantity—and then immediately resume other activities. The ability to release stress, anger, and pain, and to celebrate joy and fulfillment, makes music the most versatile treatment in the world.



Music: Opportunities/Concerts & Music Therapy



Athens County Community Singers

Its founder and director is Stephanie Morris, a board-certified music therapist and neurologic music therapist. The choir performs at various community events throughout the year.

For more information on becoming a choir member, contact Stephanie Morris at Stephanie.h.morris@gmail.com or visit centralohiomusictherapy.com



Nelsonville Music Festival:

<http://nelsonvillefest.org/>

(NMP IS A PRODUCTION OF STUART'S OPERA HOUSE)

22 Public Square Nelsonville, Ohio 45764

740.723.1924 www.stuartsopera.com

The Nelsonville Music Festival out of Nelsonville, Ohio, is a four-day music festival that offers camping and features local, regional and national popular musical acts. With multiple stages for live music as well as food vendors, arts and crafts booths and a beer garden, there are a number of sights to see over the course of the festival and great local flavors to taste. This annual festival



partners with Rural Action in their Appalachian Zero Waste Initiative, making the Nelsonville Music Festival a Zero Waste event.

Lancaster Music Festival:

<http://www.lancasterfestival.org/#about>



117 W. Wheeling St.,
Lancaster, Ohio 43130
Ticket office phone: 740-423-2700
Tickets toll-free phone: 1-800-LANFEST
Tickets e-mail: lanfesttickets@lanfest.org

Office Hours: Monday - Friday 10:00am - 4:00pm (Sat/Sun. closed).
Lancaster Festival believes the arts express the essence of what it means to be fully human. The Lancaster Festival celebrates the artistic creativity of all cultures, serving as the foundation of year-round community efforts to nurture participation in the arts.

Ohio University Performing Arts Series:

General Ticket Office Information:

The Ticket Office is located in the lobby at the East Union Street entrance of the auditorium.

The Ticket Office regular business hours are Monday through Friday from 12 noon to 5 p.m. The Ticket Office is also open one hour prior to the start of any ticketed event. The Ticket Office will open July 26th for regular hours.

Ohio University-Memorial Auditorium (for other performance options): Memorial Auditorium Ticket Office: 740-593-5780 • For OU Performing Arts Series, too



Community Access Guide



Transportation Resources

[NMT providers](#)

[Public Transit](#)

[Free or reduced rate transportation](#)

[Community Accessible Transportation](#)



Volunteer Opportunities:

Outcome potential: Volunteering can be a great way to develop skills, learn more about career options, make friends, gain new professional contacts, get exercise, spend time outdoors with animals with kids, or even just shake up your routine. Part of finding the right volunteer opportunity is being honest about what you hope to learn and accomplish. If in the process of meeting your personal and professional goals, you are also serving as an effective volunteer, helping to meet the goals of your particular volunteer project or role, and/or helping to move an organization's mission forward, it's a win-win situation.

Skill development: Always wanted to learn about sustainability and conservation methods? Have experience creating podcasts and would like to try using them as an advocacy tool for a nonprofit? Volunteering helps you learn new skills, keep skills sharp, or use existing skills in new ways.

Career exploration: Regardless of your age or career level, volunteering will introduce you to new professional paths. Also, never underestimate the power of networking: volunteering offers the opportunity to cross paths—as well as, in many cases, quickly bond with people from across your community, including many with whom you may otherwise not have had contact.

Personal growth: Lifelong learning includes hands-on experiences as a volunteer which can teach you about issues ranging from adult literacy to public health to animal welfare. Lastly, don't forget that sometimes it just feels good to be valued, as a volunteer you can contribute unique skills, experiences, and perspectives.

Socialize: Volunteering can be a fun, meaningful way to make new friends. [Here to stay, gone with the wind?](#) Looking to branch out socially? Simply looking for something to do with new people? Volunteer and get to know others who care about the same issues that you do.

Have an impact: Last but most certainly not least, volunteering is one of the best ways we know of to make a difference in your community. Whatever your passion, however you get involved, volunteering offers a way to have a real and lasting impact on the world.



Friends of the Shelter Dogs

P.O. Box 576 Athens, Ohio 45701

Contact the Volunteer Coordinator directly at: volunteer@fostd.com

Form to volunteer found here: <http://www.fostdathens.com/volunteer>

[Dog Walking, Shelter Cleaning, Fundraising, Social Media, help with adoptions and more](#)



Habitat for Humanity Southeast Ohio ReStore

309 W Union St, Athens, OH 45701

(740) 589-5865

9AM-5PM

Help at store with cleaning, and unloading

Good Works, Inc.

A Community of Hope Since 1981

P.O. Box

Athens, OH 45701

goodworks@goodworksand

740.589.0111

Neighbors helping Neighbors, Transformation Station,
Food Pantry, Mailings, Friday Night Life, Gardening,

Day Hab Visits:

Form created for Portfolio Info

- Overview of the visit: Location, Staff attending, Individuals attending, activities available
- Individualized section with questions about accessibility, relationships, interest in activities available
- Later added to Transition Portfolio by staff and individuals as options are discussed

Transition Visits

- Coordinating with the Day hubs to find good times for visits and tours
- Everyone can visit all day hubs they choose but no one has to go on visits if they choose not to.
- Atco Idol:
A group assists Leslie Perry in traveling to the other participating day hubs.
Empowered to teach the process to them while also getting to experience the Day Hab

Transition of Community Partners

- What Atco Activities are important to you and you want to continue?



And there are many more!

Currently in progress

- Information Gathering ✓
- Assess Current private day hab options available ✓
- Services that are important to individuals ✓
- Private Day Hab resource needs ★
- Gain support of community ★
- Continue weekly class at Atco and assist Atco Leaders in taking a lead role in planning ✓
- Day hab visits ✓
- Other Day Habs coming to Atco ✓
 - ❖ Atco going to other Day Habs
 - ❖ Meetings at locations in the community/community partners ★

Passion Works

- **Preparing for transition**
- **The Atco Inc. Board have been hard at work reviewing and planning for options that are available**
- **Considering the best way to ensure Passion Works will continue as a private entity and exploring how our community can embrace and support Passion Works**
- **Focusing on how the mission, vision and essence of Passion Works can be carried on for many years to come.**

Passion Works

- IT will be a day hab option in the future!
- Those served by Passion Works do not need to transition out of Passion Work
- There will likely be the opportunity to increase time at Passion Works for those served.

Transportation

- Sub Committee members have been prioritizing and identifying the important issues that need addressed for a safe and secure transition from County Board transportation to private services and potentially a collaborative effort to ensure transportation for all is available and secure back up plans are developed.
- Goal is to ensure all people served in county have transportation options

Transportation

- Researching Available Options:

Such as Non-medical transport provided by day hab providers(takes people to and from day habs), Athens on Demand, Public Transit, and more will all be explored and detailed in the Community Access Guide.



Open discussion & Questions



Thank You for Joining us!

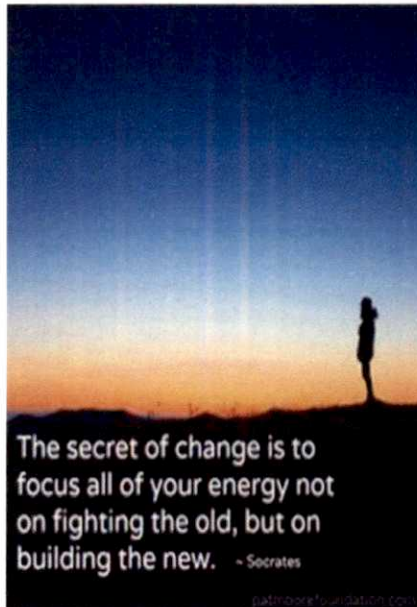
Questions or Comments can be sent to :

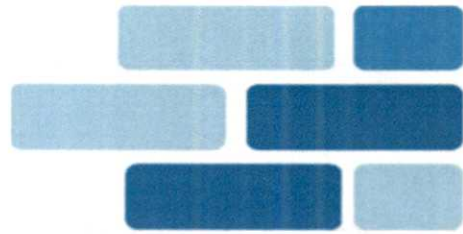
Autumn Brown

Atco Transition Manager, ACBDD

(740)592-6659 x230

abrown@athenscbdd.org





Athens County Board
of Developmental Disabilities
Building on Abilities

Next Steps:

ATCO Transition
Committee –
Tuesday, May 10th, 2pm
ATCO cafeteria

Fall 2016 = Open Forums



ATHENS COUNTY BOARD OF
DEVELOPMENTAL DISABILITIES

What we know:

ATCO Transition Manager – Autumn Brown

- **Oversee and supervise the Adult Services Program transition and all associated adult services staff. Work with individuals served, as well as families, ATCO support staff of those served, and appropriate SSAs to help ensure a seamless transition between ATCO and the new service providers**
- **Ensure that direct care staff knowledge transfers as clients transfer from ATCO to another service provider**
- **Remain in-tune with the work culture and maintain positive morale among employees**
- **Coordinate opportunities for retained staff to receive assistance with job search techniques, resume building, and professional development/training.**